

Date 07 September 2013

Venue Guildford



Posn	Name	Bib	Time	Team	Cat	Cat. Posn
<b>5K Run</b>						
<b>12 Runners on Course</b>						
1	Katie Bingle	1502	24:51 .		5K Women	1
2	Victoria Bingham	1501	28:08 .		5K Women	2
3	David Smith	1518	31:01 .		5K Men	1
4	Julia Ryzner	1515	31:17 .		5K Women	3
5	Marc Krauesslar	1513	32:41 .		5K Men	2
6	Alison Grant	1508	34:16 .		5K Women	4
7	Nwavudu Ekebuisi	1507	35:40 .		5K Women	5
8	Vanessa Jones	1889	35:56 .		5K Women	6
9	Clare Appleby	1549	36:01 .		5K Women	7
10	Cathy Jamieson	1511	37:40 .		5K Women	8
11	Andrew Jamieson	1512	37:41 .		5K Men	3
12	Derek Mccausland	1519	38:06 .		5K Men	4