
The Bolt 10K - 06 April 2013

Total Athletes in Race: 353

Posn:	Name	Bib:	Time:	Cat:	Cat. Posn:
1	Gary Peach	624	37:42	10K Men	1
2	Daniel Hull	515	38:08	10K Men	2
3	Gavin Megaw	586	39:15	10K Men	3
4	Richard Lovejoy	564	39:54	10K Men	4
5	John Hopkins	317	40:23	10K Men Vet	1
6	Simon Vaughan	720	40:28	10K Men	5
7	Richard Champness	388	40:33	10K Men	6
8	Stephen Riglar	658	41:03	10K Men	7
9	Jasper Ellis	433	41:08	10K Men Vet	2
10	Roger Morgan	593	41:45	10K Men	8
11	Jon Hopkins	917	41:50	10K Men Vet	3
12	Ross Webber	730	41:53	10K Men	9
13	Mark Southern	691	41:56	10K Men	10
14	Nick Grist	480	41:59	10K Men	11
15	Dan Walsh	728	42:11	10K Men	12
16	Chris Williams	745	42:29	10K Men Vet	4
17	Anastasia Hounslow	510	42:36	10K Women	1
18	Ian Poole	637	42:49	10K Men Vet	5
19	Rorie Whybro	740	42:58	10K Men	13
20	Tobi Gowers	474	42:59	10K Men	14
21	Matthew Jones	533	43:20	10K Men	15
22	Richard Gray	476	43:44	10K Men	16
23	Adam Powell	641	44:00	10K Men	17
24	Paul Adams	325	44:08	10K Men	18
25	Rhys Henderson	766	44:15	10K Men Vet	6
26	Craig Etherton	774	44:35	10K Men	19
27	Simon Carson-Jones	383	44:40	10K Men	20
28	Donna Read	651	44:53	10K Women V	1
29	Simon Fahey	443	45:14	10K Men	21
30	Mike Bailey	787	45:18	10K Men Vet	7
31	Russ Haines	485	45:31	10K Men Vet	8
32	Peter West	732	45:33	10K Men Vet	9
33	Victoria Sadler	670	45:42	10K Women	2
34	Iain Richardson	656	45:53	10K Men	22

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Posn:	Name	Bib:	Time:	Cat:	Cat. Posn:
35	Matt Owen	613	46:11	10K Men	23
36	Dan O'shaughnessy	611	46:25	10K Men	24
37	Elbrus Koka	554	46:26	10K Men	25
38	Nick Dossetor	428	46:44	10K Men	26
39	Jonathan Fairbairn	444	46:44	10K Men	26
40	Matthew Coughlan	405	46:47	10K Men Vet	10
41	Mark Passmore	620	47:04	10K Men Vet	11
42	Emma Whittaker-Axon	738	47:19	10K Women	3
43	Roxanne (canicross) Rose	666	47:23	10K Women	4
44	Neil Howat	512	47:27	10K Men	28
45	Keith Attfield	333	47:35	10K Men Vet	12
46	Simon Bullworthy	373	47:39	10K Men Vet	13
47	Richard Pickard	633	47:48	10K Men	29
48	Dan Mcdermott	579	47:54	10K Men Vet	14
49	Naomi Ward	729	47:55	10K Women	5
50	David Speake	692	47:57	10K Men	30
51	James Grant	777	48:00	10K Men	31
52	Lynn Brooks	368	48:06	10K Women V	2
53	Mark Campbell	380	48:20	10K Men	32
54	Simon Tomlins	710	48:30	10K Men	33
55	Kendra Heward	501	48:35	10K Women	6
56	Jamie Morris	594	48:44	10K Men	34
57	Adam Mullins	597	48:49	10K Men	35
58	Mannan Mohamed	592	48:50	10K Men	36
59	Chris Badham	337	48:50	10K Men	36
60	Mark Lewin	558	48:50	10K Men	36
61	Colin Kilbride	544	48:54	10K Men	39
62	Jessica Wilson	753	48:57	10K Women	7
63	Chris Ford	456	49:01	10K Men Vet	15
64	Ed Gascoigne-Pees	467	49:05	10K Men	40
65	Matthew Berry	352	49:17	10K Men Vet	16
66	Brian Attfield	332	49:21	10K Men Vet	17
67	Anne Connell	398	49:24	10K Women V	3
68	Jim Whittington	739	49:27	10K Men	41

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Total Athletes in Race: 353

Posn:	Name	Bib:	Time:	Cat:	Cat. Posn:
69	Simon Cook	401	49:32	10K Men Vet	18
70	Fiona Calder	379	49:37	10K Women	8
71	Victoria Bingham	355	49:41	10K Women	9
72	Dominic Instone	519	49:44	10K Men Vet	19
73	Jamie Witts	755	50:15	10K Men	42
74	Geoff Wilson	752	50:15	10K Men Vet	20
75	Rachel Witts	756	50:15	10K Women	10
76	Eliot Frederiksen	460	50:17	10K Men	43
77	Christian Coles	396	50:22	10K Men	44
78	David Hunter	768	50:23	10K Men	45
79	Scott Mckee	583	50:26	10K Men	46
80	Tim Willmott	751	50:28	10K Men	47
81	Harvey Wickham	741	50:30	10K Men Vet	21
82	James Brown	369	50:31	10K Men	48
83	Ian Jones	530	50:33	10K Men Vet	22
84	Jonathan Simmonds	681	50:41	10K Men	49
85	Gudrun Pearcey	627	50:41	10K Women	11
86	Roland Knight	553	50:45	10K Men Vet	23
87	Emma Constable	400	50:47	10K Women	12
88	Michael Scott	674	50:48	10K Men Vet	24
89	Jon-William Daulton	419	50:52	10K Men	50
90	Nick Brinded	361	51:03	10K Men	51
91	Oliver Cluskey	395	51:05	10K Men Vet	25
92	Chris Mcwilliam	585	51:10	10K Men Vet	26
93	Lindsey Liddell	561	51:22	10K Women	13
94	David Allan	327	51:24	10K Men Vet	27
95	Paul Beeson	346	51:27	10K Men	52
96	Tasha Alexander	326	51:28	10K Women	14
97	Rupert Lewis	560	51:39	10K Men	53
98	Ross Gilmour	471	51:39	10K Men	53
99	Richard Hilson	505	51:44	10K Men Vet	28
100	Laurence Hart	492	51:48	10K Men Vet	29
101	Matt Palmer	615	51:49	10K Men Vet	30
102	Jason Burley	374	51:50	10K Men	55

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Posn:	Name	Bib:	Time:	Cat:	Cat. Posn:
103	Katja Spencer	693	51:52	10K Women	15
104	Jon Williams	746	51:58	10K Men Vet	31
105	Simon Reeves	653	51:59	10K Men	56
106	Lucy Clements	394	52:05	10K Women	16
107	Patrick Kiely	543	52:20	10K Men Vet	32
108	Alan Turner	716	52:30	10K Men Vet	33
109	Meryl Elstone	435	52:31	10K Women V	4
110	Sean Connor	399	52:37	10K Men Vet	34
111	Tristan Brinkman	363	52:38	10K Men	57
112	Mark Etherington	437	52:50	10K Men Vet	35
113	Chris Turner	717	52:52	10K Men	58
114	Emily Cartwright	385	52:57	10K Women	17
115	Claire Shelton	678	52:57	10K Women	17
116	Ryan Ewing	440	53:00	10K Men	59
117	Antony Snow	690	53:01	10K Men	60
118	Tom Morgan	784	53:09	10K Men	61
119	Sarah McCulloch	577	53:28	10K Women V	5
120	Joanna Sims	682	53:39	10K Women V	6
121	Rachel Ayrton	335	53:55	10K Women	19
122	Paula Carter	384	53:55	10K Women V	7
123	Greg Neal	598	53:58	10K Men Vet	36
124	Sorrel Wood	757	54:01	10K Women	20
125	Ian Philip	769	54:04	10K Men	62
126	Claudia Forster	457	54:11	10K Women	21
127	Zoe Rowe	667	54:11	10K Women	21
128	Wendy Mcdermott	580	54:14	10K Women	23
129	Nicola Kilbride	545	54:17	10K Women	24
130	James Britton	364	54:18	10K Men	63
131	Michele Gibson	469	54:18	10K Women	25
132	Robert Wagner	724	54:19	10K Men Vet	37
133	Adam Smith	686	54:21	10K Men	64
134	Oli Spevack	694	54:23	10K Men	65
135	Jamel Guenioui	481	54:28	10K Men	66
136	David Skan	684	54:33	10K Men Vet	38

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Posn:	Name	Bib:	Time:	Cat:	Cat. Posn:
137	Neil Westley	734	54:45	10K Men	67
138	Martin Ulley	718	54:47	10K Men	68
139	Jonathan Williams	747	54:55	10K Men	69
140	Arrun Saunders	671	55:08	10K Men	70
141	Paul Herridge	500	55:18	10K Men	71
142	Darren Pearce	625	55:28	10K Men	72
143	Richard Willis	750	55:40	10K Men	73
144	Sandra Woods	758	55:40	10K Women	26
145	Judith Palmer	614	55:47	10K Women	27
146	Tom Cupis	416	55:51	10K Men	74
147	Lari Williams	748	55:57	10K Women	28
148	Stephen Bailey	342	56:00	10K Men Vet	39
149	Vikki Ewing	441	56:02	10K Women	29
150	Carol Dobby	425	56:11	10K Women V	8
151	Jim Haywood	495	56:16	10K Men Vet	40
152	Anna Cox	408	56:16	10K Women	30
153	Charles Simmonds	680	56:24	10K Men Vet	41
154	Michelle Scott	675	56:35	10K Women V	9
155	Rebecca King	546	56:36	10K Women	31
156	Paul Goodwin	473	56:40	10K Men Vet	42
157	Lydia Shaw	677	56:42	10K Women	32
158	Paul Johnson	527	56:46	10K Men	75
159	Heather Whiting	737	56:48	10K Women V	10
160	Lisa Gagnon-Norris	464	56:50	10K Women V	11
161	Tim Worthington	760	56:55	10K Men	76
162	Louise Bailey	340	57:00	10K Women	33
163	Muir Sterling	697	57:02	10K Men	77
164	Julie Totman	712	57:03	10K Women V	12
165	Russell Jones	536	57:12	10K Men	78
166	Tanya Roberts	663	57:13	10K Women V	13
167	Nicola Rendle	655	57:14	10K Women V	14
168	Vincent Grinney	478	57:16	10K Men	79
169	Kevin Martin	572	57:18	10K Men Vet	43
170	Emma Francis	458	57:36	10K Women V	15

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Posn:	Name	Bib:	Time:	Cat:	Cat. Posn:
171	Emma Judge	537	57:40	10K Women	34
172	Paul Davies	421	57:50	10K Men Vet	44
173	Morag Lucey	566	57:53	10K Women V	16
174	Claire Livingston	563	57:56	10K Women V	17
175	Nicola Scarrrott	673	58:11	10K Women	35
176	Kate Broad	367	58:15	10K Women V	18
177	Jackie West	731	58:19	10K Women V	19
178	Erica Morrison	595	58:26	10K Women	36
179	Cristabel Nye	608	58:30	10K Women	37
180	Kerry Abbs	322	58:31	10K Women V	20
181	Alexandra Williams	744	58:35	10K Women	38
182	Chris Gardner	466	58:39	10K Men	80
183	Jennifer Creed	412	58:40	10K Women	39
184	Jane Dunn	430	58:41	10K Women	40
185	Alan Guest	483	58:52	10K Men	81
186	Christien Bird	826	58:54	10K Women V	21
187	Jodie Raynsford	650	58:56	10K Women	41
188	Mary Mcternan	584	58:59	10K Women	42
189	Mel Etherton	775	58:59	10K Women	42
190	Stuart Mcculloch	578	58:59	10K Men	82
191	Richard Gun Cuninghame	484	59:08	10K Men Vet	45
192	Sarah Karan	939	59:12	10K Women V	22
193	Stephanie Allen	776	59:16	10K Women	44
194	Jackie Jones	531	59:17	10K Women V	23
195	Andy Evans	438	59:19	10K Men Vet	46
196	Mike Taylor	767	59:20	10K Men Vet	47
197	Sarah Williams	749	59:30	10K Women	45
198	Chris Stennett	696	59:33	10K Men Vet	48
199	Nicola Townley-Jones	713	59:35	10K Women	46
200	Jason Kirkup	550	59:36	10K Men	83
201	Lucille Starkey	695	59:45	10K Women	47
202	Helen Wallace	727	59:50	10K Women V	24
203	Diana Jones	780	59:51	10K Women V	25
204	Sarah Hawkins	494	1:00:10	10K Women V	26

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Posn:	Name	Bib:	Time:	Cat:	Cat. Posn:
205	Philippa Walker	726	1:00:11	10K Women V	27
206	Kasia Lubowiecka	565	1:00:15	10K Women	48
207	Caroline Instone	518	1:00:22	10K Women	49
208	Julia Plaskett	636	1:00:25	10K Women	50
209	Theo Abbs	323	1:00:25	10K Men Vet	49
210	Ase Cave	387	1:00:28	10K Women V	28
211	Zoe Western	773	1:00:31	10K Women	51
212	John Taylor	707	1:00:33	10K Men Vet	50
213	Tony Baxter	345	1:00:40	10K Men Vet	51
214	Emma Vessey	721	1:00:40	10K Women	52
215	Johanna Fawcett	448	1:00:44	10K Women V	29
216	Jane Nockemann	605	1:00:46	10K Women V	30
217	Maggie Ellis	434	1:00:48	10K Women V	31
218	Allyson Cover	406	1:00:51	10K Women V	32
219	Angelique Vu	723	1:00:51	10K Women	53
220	Eleanor Sinclair	683	1:00:55	10K Women	54
221	Fred Isles	520	1:00:55	10K Men	84
222	Mike Dillon	424	1:01:01	10K Men Vet	52
223	Marie Pettitt	630	1:01:07	10K Women V	33
224	Amy Cowburn	407	1:01:18	10K Women	55
225	Edward Hardcastle	490	1:01:22	10K Men Vet	53
226	Rod Hardy	491	1:01:23	10K Men Vet	54
227	Louise Davies	420	1:01:25	10K Women V	34
228	Mark Chapman	389	1:01:29	10K Men Vet	55
229	Keith Kirby	548	1:01:38	10K Men Vet	56
230	Simon Legg	556	1:01:41	10K Men	85
231	Kate Lester	557	1:01:53	10K Women V	35
232	Monika Honkova	509	1:01:58	10K Women	56
233	Sam Rankin	649	1:01:59	10K Men	86
234	Emma Berry	351	1:02:04	10K Women V	36
235	Nicola Porter	638	1:02:37	10K Women	57
236	Sharron Wingent	754	1:02:44	10K Women V	37
237	Alison Bown	357	1:02:47	10K Women V	38
238	Philip Bentall	350	1:02:53	10K Men	87

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Posn:	Name	Bib:	Time:	Cat:	Cat. Posn:
239	Victoria Panayiotou	618	1:02:54	10K Women	58
240	Christian Janes	522	1:02:55	10K Men	88
241	Melissa (canicross) Cupis	415	1:02:57	10K Women V	39
242	Chris Doherty	426	1:02:58	10K Men Vet	57
243	Clare Mckee	582	1:03:11	10K Women	59
244	Gemma Firth	451	1:03:11	10K Women	59
245	Paul Burnell	375	1:03:14	10K Men	89
246	Kevin Hanlon	489	1:03:15	10K Men Vet	58
247	Helen Mortimer	596	1:03:17	10K Women V	40
248	Chloe Belassie	347	1:03:17	10K Women	61
249	Sarah-Jane Turk	715	1:03:28	10K Women	62
250	Ashley Cutten	417	1:03:29	10K Women	63
251	Bianca Hartley	1063	1:03:29	10K Women	63
252	Catherine Yakubu	762	1:03:32	10K Women	65
253	Roz Panayiotou	617	1:03:37	10K Women	66
254	Liz Gilligan	470	1:03:38	10K Women	67
255	Jo Anderson	329	1:03:44	10K Women V	41
256	Lizzie Ayling	334	1:03:44	10K Women V	41
257	William Cooper	403	1:03:48	10K Men	90
258	Ann Heighes	497	1:03:51	10K Women V	43
259	Emily-Jane Cooper	402	1:04:00	10K Women	68
260	Angharad Snow	689	1:04:01	10K Women	69
261	Alicia Pavitt	623	1:04:02	10K Women	70
262	Rosie Elliott	431	1:04:03	10K Women	71
263	Robert Powell	1005	1:04:05	10K Men	91
264	Ruth Elliott-Nicholls	432	1:04:26	10K Women	72
265	Muriel Phillips	632	1:04:35	10K Women V	44
266	Helen Shepherd	679	1:04:35	10K Women V	44
267	Carol House	511	1:04:51	10K Women V	46
268	Michael Reith	654	1:04:52	10K Men	92
269	Simon Gaisford	465	1:04:54	10K Men Vet	59
270	Andrew Totman	711	1:05:14	10K Men Vet	60
271	Stephanie Wilkins	742	1:05:27	10K Women	73
272	Paul Head	496	1:05:31	10K Men Vet	61

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Posn:	Name	Bib:	Time:	Cat:	Cat. Posn:
273	Pippa North	606	1:05:34	10K Women V	47
274	Ashleigh Melvin	587	1:05:34	10K Women	74
275	Anna Stratton Brown	699	1:05:46	10K Women	75
276	Manny Doidge	427	1:05:46	10K Women V	48
277	Jacquie Wakeford	725	1:06:03	10K Women V	49
278	Annie Plaskett	635	1:06:05	10K Women	76
279	Nel Tindale	1039	1:06:09	10K Women	77
280	Karen Young	764	1:06:18	10K Women	78
281	Rebecca Porter	639	1:06:18	10K Women	78
282	Stacey Marsden	569	1:06:30	10K Women	80
283	Aimee Goldsmith	472	1:06:34	10K Women	81
284	Jo Rowland	668	1:06:41	10K Women V	50
285	Karen Mcbride	576	1:07:03	10K Women	82
286	Kate Mill	588	1:07:15	10K Women	83
287	Jade Cope	404	1:07:16	10K Women	84
288	Neil Masters	575	1:07:53	10K Men Vet	62
289	Anthony Jacques	521	1:07:56	10K Men Vet	63
290	Helena Jones	529	1:08:02	10K Women	85
291	Caroline Chilton	391	1:08:13	10K Women V	51
292	Janine Robinson	664	1:08:15	10K Women V	52
293	Carol Mcevoy	581	1:08:17	10K Women	86
294	Karen Van Gramberg	719	1:08:26	10K Women V	53
295	Gudrun Evans	439	1:08:40	10K Women V	54
296	Zoe Howells	513	1:08:48	10K Women	87
297	Stuart Powell	643	1:08:48	10K Men	93
298	Amy Snow	688	1:08:56	10K Women	88
299	Natalie Chapman	390	1:09:12	10K Women V	55
300	Sally Arnold	331	1:09:19	10K Women	89
301	Kristina Watson	1046	1:09:19	10K Women	89
302	Gemma Newton	603	1:09:34	10K Women	91
303	Linda Radford	647	1:09:50	10K Women	92
304	Unknown Runner	528	1:10:00	10K Men	94
305	Felicity Sharvell	676	1:10:00	10K Women	93
306	Kat Guenioui	482	1:10:08	10K Women	94

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Posn:	Name	Bib:	Time:	Cat:	Cat. Posn:
307	Mike Adams	324	1:10:09	10K Men Vet	64
308	Oscar Kirkpatrick	549	1:10:15	10K Men	95
309	Ruth Roberts	661	1:10:20	10K Women	95
310	Amy Haldane	486	1:10:20	10K Women	95
311	Rachel Nilsen	604	1:10:29	10K Women	97
312	Adam Hitchman	506	1:10:44	10K Men	96
313	Alix Creed	411	1:10:44	10K Women	98
314	Lynda Cake	378	1:11:34	10K Women	99
315	Alexandra Da Silva	418	1:11:35	10K Women	100
316	Tarryn Wickens	770	1:11:56	10K Women	101
317	Sarah Holt	508	1:11:59	10K Women	102
318	Tarryn Wickins	1047	1:12:56	10K Women	103
319	Helen Tatner	705	1:13:00	10K Women V	56
320	Unknown Runner(wrong card)	733	1:13:15	10K Women	104
321	Ailsa Hutchings	516	1:13:27	10K Women V	57
322	Gary Hutchings	517	1:13:27	10K Men Vet	65
323	Nicola Vince	722	1:13:43	10K Women	105
324	Kathryn Pillar	634	1:13:52	10K Women V	58
325	Julie Fisher	452	1:14:01	10K Women V	59
326	Karen Cullen	414	1:14:02	10K Women V	60
327	Anne Cleaver	393	1:15:04	10K Women V	61
328	Tania Gaffney	463	1:15:29	10K Women	106
329	Lucy Powell	642	1:15:30	10K Women	107
330	Wendy Collins	397	1:15:39	10K Women	108
331	Quirien Buchanan	372	1:15:39	10K Women V	62
332	Jenni Kenyon	540	1:15:56	10K Women V	63
333	Jan Britton	365	1:16:03	10K Women V	64
334	Rosalind Strickland	700	1:16:08	10K Women V	65
335	Sarah Whitcombe	736	1:16:29	10K Women	109
336	Melanie Knight	551	1:16:31	10K Women V	66
337	Philip Burnett	377	1:17:09	10K Men Vet	66
338	Paula Jones	535	1:17:34	10K Women	110
339	Nicky Lewis	779	1:18:41	10K Women V	67
340	Ray Harrison	778	1:18:41	10K Men Vet	67

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Posn:	Name	Bib:	Time:	Cat:	Cat. Posn:
341	Bridget Sullivan	701	1:19:16	10K Women V	68
342	Mary Peyton	631	1:19:16	10K Women V	68
343	Benita Cranham	771	1:19:27	10K Women	111
344	Brian Cranham	772	1:19:32	10K Men	97
345	Sharon Bacon	818	1:19:38	10K Women V	70
346	Erica Bagg	338	1:20:21	10K Women	112
347	Petra Hammond	488	1:20:21	10K Women	112
348	Caroline Holt	507	1:20:21	10K Women V	71
349	Anne-Lise Riedmuller	657	1:21:12	10K Women V	72
350	Amanda Fishlock	453	1:22:47	10K Women V	73
351	Lizzy Kingshott	547	1:26:28	10K Women	114
352	Natalie Crabb	410	1:26:29	10K Women	115
353	Bernadette Newby	600	1:32:46	10K Women V	74
